

Performance of Commissioned and Delivered Services– Peterborough City Council

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1. Introduction

This document summarises information pertaining to the commissioning and delivery of public health services in Peterborough, sourced from data provided by the Public Health delivery and commissioning teams.

This document concentrates on the targets and achievements of the following services:

- Stop smoking service
- Health checks programme
- Let's get moving weight management
- Let's get moving physical activity programme
- Adult drug services and alcohol services.
- Young people's substance misuse services
- Children's public health services (health visiting and school nursing)
- Sexual health and contraception services

Further information on some of the topic areas is available via URL: <http://fingertips.phe.org.uk/>

2. Peterborough Stop Smoking Service 2016/17

Annual results show that 649 smoking quits have been achieved in Peterborough for the year 2016/17, which equates to an overall percentage of 83% against the set target. Quarter 1 showed a smoking quit achievement of 80%, although achievement in Quarter 2 was lower at 64% due to reduced capacity in this quarter. However staff recruitment was undertaken at this time resulting in an increase in achievement from this point on, with Quarter 3 achievement increasing to 85% with a further increase in achievement of 102% in Quarter 4 as new staff activity became established. Although the indicators provided demonstrate the numbers of quits achieved in 2016/17 the annual targets have been adjusted to bring it in line with the adopted objective to 'treat' 5% of the smoking population (1,486 smokers) rather than to achieve quits. Additionally the percentage of people who have successfully quit at 4 weeks (Confirmed by CO Monitor) has remained steadily around 80% for each quarter (apart from quarter 2).

Figure 1: Peterborough Stop Smoking Service 2016/17

	Year end target	Per Quarter					Previous quarter
		Target	Number of people who have successfully Quit at 4 weeks	Performance against quarterly/annual targets	Percentage of people who have successfully Quit at 4 week (Confirmed by CO Monitor)	RAG status	Direction of travel
Quarter 1	784	196	156	80%	83%		n/a
Quarter 2	784	196	127	64%	49%		▼
Quarter 3	784	196	166	85%	81%		▲
Quarter 4	784	196	200	102%	83%		▲
Annual	784	784	649	83%	-		n/a

*Note: RAG status has been defined by the following: Red: Below 10% of quarterly target, Yellow: Within 10% of quarterly target, Green Above the quarterly target.

3. Peterborough Health Check Programme 2016/17

Annual results show that 5,232 health checks have been completed in Peterborough for the year 2016/17, which equates to an overall percentage of 86%. When comparing quarterly data a clear improvement can be seen between quarters. With Quarter 1 showing a 72% achievement against the received health checks target and quarter 4 showing an achievement of 110% compared to the health checks target. Although the RAG status for these indicators remains red for all but quarter 4 (which achieved a rate of 110%) the annual percentage is at 86% which is close to the 90% achievement target needed to change the indicator to amber. The increase in Quarter 4 is due to increased activity by GP Practices seeking to meet their own practice targets, led in part by increased support by Public Health. The cumulative percentage of ‘people who received a health check’ continues to be high compared to other areas in the East of England.

Figure 2: Peterborough Health Check Programme 2016/17

	Year end target	Per Quarter						Previous quarter
		Target (received)	Number of patients who received an NHS Health Check	Performance against quarterly targets (received)	Number of patients offered an NHS Health Check	Percentage of people offered a health check that received a health check	RAG status	Direction of travel
Quarter 1	6,061	1,515	1095	72%	2478	44%	Red	n/a
Quarter 2	6,061	1,515	1119	74%	3522	32%	Red	▲
Quarter 3	6,061	1,515	1355	89%	3159	43%	Red	▲
Quarter 4	6,061	1,515	1663	110%	6229	27%	Green	▲
Annual	6,061	6,061	5,232	86%	15,388	34%	Red	n/a

*Note: RAG status has been defined by the following: Red: Below 10% of quarterly target, Amber: Within 10% of quarterly target, Green Above the quarterly target.

4. Peterborough More Life - Family Weight Management Programme 2016/17

In 2016/17 the Peterborough 'More Life' family weight management programme delivered 7 programmes throughout the year. 131 families took part in the 'more life' programs with 82 families completing, giving the program an overall completion rate of 63%, which is RAG rated green against the national average completion rate for this type of programme of 60%.

Figure 3: Peterborough More Life - Family Weight Management Programme 2016/17

	Per Quarter					Previous quarter
	Number of More Life programmes	Percentage of families beginning the programme that completed the programme	Number of families beginning programme	Number of families completing programme	RAG status	Direction of travel
Annual 2016/17	7	63%	131	82		n/a

*Note: RAG status has been defined by the following: Red: Below 10% of quarterly target, Yellow: Within 10% of quarterly target, Green Above the quarterly target.

5. Peterborough Let's Get Moving Physical Activity Programme 2016/17

In 2016/17 the Peterborough Let's Get Moving programme delivered 6 programmes throughout the year. 90 people took part in the 'Let's get moving' programs with 60 people completing the program, giving the program an overall completion rate of 67%, which is RAG rated green against the national average completion rate for this type of programme of 60%.

Figure 4: Peterborough Lets Get Moving Physical Activity Programme 2016/17

	Per Quarter					Previous quarter
	Number of Let's Get Moving programmes	Percentage of people beginning the programme that completed the programme	Number of people beginning programme	Number of people completing programme	RAG status	Direction of travel
Annual 2016/17	6	67%	90	60		n/a

*Note: RAG status has been defined by the following: Red: Below 10% of quarterly target, Yellow: Within 10% of quarterly target, Green Above the quarterly target.

6. Peterborough Adult Drugs Service 2016/17

Numbers in treatment, new presentations are year to date figures which means each quarter has been added together. From this we can see that for opiate drug users that are new in treatment there has been a slight decrease in new presentations between quarters 1, 2 and 3. In Peterborough 2016/17. Non-opiate new presentations has remained fairly stable (31, 24, 36). The total number of opiate users in treatment has remained steadily around 830 for quarter 1, quarter 2 and quarter 3. While the percentage of drug users in treatment for opiate drugs in Peterborough who were retained for 12 week or more or completed treatment has remained steadily around 93-94% for all quarters which is below the national average although the national average is showing a downward trend. The percentage of drug users in treatment for non-opiate drugs in Peterborough who were retained for 12 week or more or completed treatment is around 90-92% which is above the national average of 87%. Peterborough has also maintained a penetration level above 58% across quarter 1, quarter 2 and quarter 3 achieving a RAG rating of green. The percentage of OCUs who successfully complete treatment in Peterborough remains below the upper quartile range (which is below the top 8 out of 32 comparator local authorities) for quarter 1, quarter 2 and quarter 3 with a percentage of 5% for Peterborough in quarter 3 compared to 6.6% upper quartile range.

Figure 5: Peterborough Adult Drugs Service 2016/17

		Quarter 1	Quarter 2	Quarter 3
Number of people in treatment (opiate)	New presentations (YTD)	107	208	284
	Total in treatment	838	831	839
Number of people in treatment (non-opiate)	New presentations (YTD)	31	55	91
	Total in treatment	92	106	113
KPI 1 Maintain an increase of drugs users into treatment by at least 1% above the national average	Peterborough (opiate)	93.6%	93.9%	93.9%
	England (opiate)	95.1%	94.9%	94.8%
	RAG status			
	Peterborough (non- opiate)	92.4	90.6%	91.2%
	England (non- opiate)	86.6%	86.5%	86.5%
	RAG status			
Maintain a penetration level of at least 58%	Peterborough	65.1%	66.1%	67.2%

(The estimated number of people in your area who are dependent on opiates and/or crack cocaine and in the treatment system)	RAG status			
KPI 2 Maintain the number of opiate/crack users (OCUs) who successfully complete treatment as a proportion of the total number in treatment in line with the upper quartile of Peterborough's cluster group	Peterborough	7.6%	6.9%	5.0%
	Upper Quartile range	7.75% - 10.84%	7.97% - 10.74%	7.62% - 11.70%
	RAG status			
KPI 3 Improve the proportion who successfully completed treatment in the first six months of the latest twelve month period and re-presented within 6 months to be in line with the upper quartile of the cluster group	Peterborough	19.4%	24.1%	33.3%
	Direction of travel	n/a	▼	▼
100% of care plans started	Peterborough	Achieved	Achieved	Achieved
	RAG status			
Provide narrative to accompany report to explain data issues, trends and new service activity/ developments	Peterborough	Achieved	Achieved	Achieved
	RAG status			

7. Peterborough Adult Alcohol Service 2016/17

There has been a slight decrease in the number of new presentations of alcohol users in treatment between quarters 1, 2 and 3 in Peterborough 2016/17 although the service is on track to exceed previous numbers in treatment for alcohol use. The percentage of alcohol users in treatment in Peterborough who were retained for 12 weeks or more or completed treatment (KPI1) has increased between quarter 1 and quarter 2 to 84.7% remaining steady for quarter 3. For all quarters this has remained below the national average. The proportion of alcohol users who successfully complete treatment (KPI 2) has decrease between quarter 1 and quarter 2 with a slight increase in quarter 3. The number of service users who represented (KPI 3) remains higher than England with a percentage of 12.1% for Peterborough in quarter 3 compared to 8.84% nationally.

Figure 6: Peterborough Adult Alcohol Service 2016/17

		Quarter 1	Quarter 2	Quarter 3
Number of people in treatment	New presentations (YTD)	127	204	272
	Total in treatment	127	204	272
KPI 1 Maintain an increase of alcohol users in treatment by at least 1% above the national average *This is a combined indicator for alcohol and non-opiate	Peterborough	82.8%	84.7%	84.7%
	England	87.3%	87.1%	87.1%
	RAG			
KPI 2 Maintain the number of alcohol users who successfully complete treatment as a proportion of the total number in treatment in line with the national average	Peterborough	41.6%	32.4%	34.6%
	England	39.5%	39.3%	39.50%
	Direction of travel	n/a	▼	▲
KPI 3 Improve the proportion who successfully completed treatment in the first six months of the latest twelve month period and re-presented within 6 months to be in line with the upper quartile of the cluster group	Peterborough	13.4%	14.4%	12.1%
	England	9.2%	9.04%	8.84%
	Direction of travel	n/a	▼	▲

100% of care plans started	Peterborough	Achieved	Achieved	Achieved
	RAG status			
Provide narrative to accompany report to explain data issues, trends and new service activity/ developments	Peterborough	Achieved	Achieved	Achieved
	RAG status			

*Note: Due to rounding small differences may not be visible in displayed percentages, but are taken into account in D.O.T. calculation.

8. Peterborough Young People and Family work substance misuse service 2016/17

The number of young people receiving structured treatment between quarters 1, 2 and 3 in Peterborough 2016/17 has remained stable. There has also been an increase in the number of young people who have stopped or reduced their substance misuse. The percentage of planned exits for young people with substance misuse started at 100% in Quarter 1 meaning that all exits from treatment were planned this percentage decreased in quarter 2 with a slight increase to 78% by quarter 3.

Figure 7: Peterborough Young People and Family work substance misuse service 2016/17

		Quarter 1	Quarter 2	Quarter 3
Structured treatments commenced with vulnerable young people under the age of 18	Peterborough	22	42	63
	Direction of travel	n/a	▲	▲
Percentage of planned exits for young people with substance misuse	Peterborough	100%	76%	78%
	Direction of travel	n/a	▼	▼
Of whom the number who stopped their drug and/or alcohol misuse at the end of the reporting period	Peterborough	<5	6	13
	Direction of travel	n/a	▲	▲
Of whom the number who had reduced their drug and/or alcohol use at the end of the reporting period	Peterborough	6	10	13
	Direction of travel	n/a	▲	▲
Number of representations for young people with substance misuse	Peterborough	<5	<5	<5
	Direction of travel	n/a	-	-
Number of parent/carer receiving parent interventions	Peterborough	13	17	11
Number of parent support intervention	Peterborough	16	36	89
Number of family and social network interventions	Peterborough	13	17	11
All activity data reported to the National Drug Treatment Monitoring System (NDTMS) in a timely fashion and in line with the most recent NDTMS Core Data Set and with PHE performance requirements in terms of data quality.	Peterborough	Achieved	Achieved	Achieved
	RAG status			

Achieve 80% regional TOP compliance rate	Peterborough	100%	88%	85%
A number of case studies throughout the year have been acquired to show the impact on services	Peterborough	Achieved	Achieved	Achieved

9. Healthy Child Programme 2016/17

The 'Healthy Child Programme' (HCP) is the main universal health service for improving the health and wellbeing of children, through health and development reviews, health promotion and parenting support. From 1 October 2015, local authorities took over responsibility from NHS England for health visiting services. The service include 5 mandated visits – the performance of which is recorded on a monthly basis. The performance against the set targets is outlined in the table below.

Figure 8: Healthy Child Programme 2016/17

		Target	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17	Annual average
% of ante natal contacts	Peterborough	50%	43%	31%	40%	41%	44%	48%	39%	54%	34%	47%	46%	50%	44%
	RAG														
% of 10-14 Day New Birth Visits Uptake within 14 days	Peterborough	90%	93%	89%	92%	94%	94%	92%	89%	89%	94%	89%	92%	90%	92%
	RAG														
% of 6 - 8 week health visitor reviews completed	Peterborough	90%	98%	98%	98%	98%	97%	97%	97%	99%	96%	95%	99%	97%	97%
	RAG														
% of young children given 12 month health reviews carried out by 12 months	Peterborough	90%	86%	86%	89%	85%	86%	84%	83%	84%	89%	80%	85%	78%	81%
	RAG														
% of children given 2-2.5 year review	Peterborough	90%	96%	94%	96%	94%	93%	80%	94%	84%	77%	92%	82%	83%	88%
	RAG														

- The ante natal visit is a relatively new mandated visit for the health visitors. It has been a challenging target, and achieving the target is dependent on notifications and communications with midwifery services. However, over the year the notification process has begun to get embedded, and the general trend is upwards.
- In the main the 10 – 14 day visit target is met. Over the year the target has been met with 92% of families receiving a 10 – 14 day visit.
- The percentage of health visitor 6 – 8 week checks has met the target for 2016/17 – with 97% of families receiving this visit
- The 12 month visit by 12 month target however has not been met during 2016/17 – although if we look at the data for 12 month visits completed by 15 months, 93% of families have received their twelve month visit. This does indicate that whilst not all visits are being completed within the 12 month timeframe, families are receiving a 12 month review, albeit in a longer timeframe.
- The target for the two year old reviews has been mixed, with the target being met for the start of the year, but seeing a decline in the later 6 months.

Figure 9 – breastfeeding prevalence and coverage

		Target	Apr	May 16	Jun 16	Jul 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	March 17	Annual average
% of infants for whom breastfeeding status is recorded at 6-8 weeks from birth	Peterborough	95%	98%	99%	97%	95%	99%	99%	96%	94%	99%	99%	96%	101%	98%
	RAG														
Prevalence of breastfeeding (totally and partially) at 6-8 weeks from birth	Peterborough	45%	44%	41%	41%	48%	41%	42%	41%	46%	42%	39%	44%	42%	43%
	RAG														

- The percentage of the breastfeeding infants recorded at 6-8 weeks remains high throughout the months achieving a RAG status of green for all months except November which ensures the accuracy of the breastfeeding data. Breastfeeding prevalence in Peterborough is consistently falling short of the national 45% target with the annual average at 43%.
- Whilst the health visitors record the number of fully and partially feeding mums at 6 – 8 weeks, the breastfeeding agenda is overseen through a multi agency group. If mothers have already stopped breastfeeding by the time the health visitors complete their new birth visit, the health visitors

are not able to impact on the results at 6 – 8 weeks. The multi agency strategy group includes midwifery services, the children’s centres, the NCT as well as health visiting, to work together to look at the breastfeeding take up rates and develop and deliver interventions that will have a positive impact on breastfeeding rates. There is a range of services that support the breastfeeding agenda including the delivery of 4 breastfeeding cafes across Peterborough and peer support delivered through the NCT. Both the midwifery and the health visiting teams have now both achieved Stage 3 accreditation, for the Unicef, Baby Friendly Accreditation. Baby Friendly Initiative was introduced in the UK in 1995 and is designed to support breastfeeding and parent infant relationships by working with public services to improve **standards of care**. It is the first ever national intervention to have a positive effect on breastfeeding rates in the UK. Baby Friendly accreditation is based on a set of interlinking **evidence-based** standards for maternity, health visiting, neonatal and children’s centres services. These are designed to provide parents with the best possible care to build close and loving relationships with their baby and to feed their baby in ways which will support optimum health and development.

School Nursing

The school nursing service contributes to the healthy child programme. School nurses work across education and health, providing a link between school, home and the community. Their aim is improve the health and wellbeing of children and young people. School nurses are qualified nurses who hold an additional specialist public health qualification. They work with families and young people from five to nineteen, providing a range of support.

One of the outcomes for school nurses is that more children, young people and their families live healthy lifestyles. Whilst there are no targets for the number of interventions completed, we monitor the number of subject of interventions in order to identify areas of need. Over 2016/17, the greatest area of intervention has been linked to emotional health and wellbeing. There is a high number of interventions relating to behaviour, and there was a particularly high demand for weight interventions in the first quarter of 2016/17. Numbers of interventions for sexual health and smoking and substance misuse are low, with 20 interventions annually for sexual health and below five for smoking and substance misuse annually.

Figure 10: Healthy Child Programme 2016/17 – School Nursing

		Quarter 1	Quarter 2	Quarter 3	Quarter 4
Numbers of weight interventions	Peterborough	105	17	19	25
Number of mental health interventions	Peterborough	353	210	378	429
Number of behaviour interventions	Peterborough	47	30	122	42
Number of Sexual Health interventions (Annual)	Peterborough	20			
Number of smoking and substance misuse interventions (Annual)	Peterborough	<5			

10. iCash (contraception and sexual health) Services 2016/17

Percentages of people with STI needs offered appointment or walk in within 2 working days of first contact remains consistently at a level below the target of 98% only achieving green in November and December. In contrast the percentage of people with STI needs seen or assessed by healthcare professional within 2 working days of first contact remains above the target percentage of 80% for most months only falling below in April. August and September.

Figure 11: iCash (contraception and sexual health) Services 2016/17

		Target	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
% of people with STI needs offered appointment or walk in within 2 working days of first contact	Peterborough	98%	84%	89%	85%	93%	79%	77%	96%	99%	100%	97%	87%	94%
	RAG													
% people with STI needs seen or assessed by healthcare professional within 2 working days of first contact	Peterborough	80%	79%	88%	82%	92%	77%	75%	91%	97%	96%	94%	84%	93%
	RAG													
Total attendances	Peterborough	Total YTD	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
		23,093	1,903	1,869	1,922	1,967	1,780	2,022	2,088	1,958	1,910	2,011	1,521	2,142

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